

Victoria Park



Permanent Orienteering Course (POC)

Do you love being outdoors and exploring the world around you? Orienteering is for you. Use the orienteering map to find your way to various locations, known as control sites, by the route of your choice and at your own pace by walking, jogging or running. Each POC consist of a number of control sites which should be visited in the order shown from the start, marked by a red triangle on this map.

On the map the location of the control sites are marked with a red circle and a number. On the ground you will find posts at these locations which are numbered and have a distinctive red and white orienteering symbol. Besides being numbered, each control post has its own specific letters. On arrival at a control post copy the letters into the appropriate box printed at the bottom of this page;

Control Site Descriptions

1. Path Junction
2. Bridge, East Side
3. Building, North Side
4. Path Bend
5. Vegetation Boundary
6. Building, North Side
7. Fence Corner
8. Vegetation Boundary
9. Path Bend
10. Vegetation Boundary
11. Bridge, South Side
12. Path Bend
13. Fence, South Side
14. Vegetation Boundary
15. Fence

Before starting a course spend some time looking at the map, especially the symbols in the legend on the right hand side of the map.
Note. If the scale of the map is 1:5000 that means that 1 centimeter on the map represents 50 metres on the ground.

For reports of missing posts 
 Check www.niorienteering.org.uk/poc



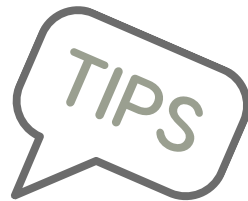
Course A : White Course
 1.8km in length.
 Control sites: 1 to 7



Course B : Yellow Course
 1.6km in length
 Control sites: 8 to 15

The start triangle is positioned beside the path that leads from the car park to the island.

Note: Each participant should have a copy of the control descriptions before starting an orienteering course. These can be written on to the back of the control card.



At the Start, turn to face south west so that the bridge is on your right and the car park is on your left.

Turn the map so that the bottom left (south west) corner is pointing directly away from you. The map is now correctly orientated

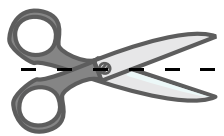
Follow the path that runs parallel to the canal as far as the junction with another path, where you should find control post 1.

Try to keep your map correctly orientated as you make your way round the rest of the course. **HAVE FUN!**



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Victoria Park Control Card

1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22